



# Invitation

## EstOpen 2026 (Tatami)

### Kick-Light (7-40y)

09.05, Tartu  
Tartu Turu Sports Hall (Turu 8)

The Estonian Kickboxing Federation and the sports club 'KLAN' invite all clubs and individuals engaged in kickboxing, Muay Thai, Karate, Taekwondo, and other contact martial arts to participate in the **EstOpen 2026**.

The competitions are organized by the Estonian Kickboxing Federation according to the international WAKO rules. All participants must adhere to according to the program provided below:

10.15 - 11.15	Weigh-in	Turu Sports Hall (TURU 8 )
11.15 - 12.00	Drawing	Turu Sports Hall (TURU 8 )
12.00 - ...	Start of the competition (preliminaries, semifinals, finals, award ceremony)	Turu Sports Hall (TURU 8 )

# **CATEGORIES AND WEIGHT CLASSES WAKO**

## **Kick-Light (all belts)**

Young cadets 1 – 7-8y. (Boys and girls) (MYC1KL)  
-20,-24,-28,-32,-37,-42,-47, 47+ kg

Young cadets 2 – 9-10y. (Boys and girls) (MYC2KL)  
-24,-28,-32,-37,-42,-47, 47+ kg

Young cadets 3 – 11-12y. (Boys and girls) (MYC3KL)  
-28,-32,-37,-42,-47, 47+ kg

Older cadets – boys 13-15y. (MOCKL)  
-42,-47,-52,-57,-60,-63,-69, 69+ kg.

Older cadets – girls 13-15y. (FOCKL)  
-42, -46, -50, -55, -60, -65, 65+ kg.

Juniors – boys 16-18y. (MJKL)  
-57, -60, -63, -69, -74, -79, -84, -89, -94, 94+ kg.

Juniors – girls 16-18y. (FJKL)  
-50, -55, -60, -65, -70, 70+ kg.

Men 19-40y. (MKL)  
-57, -60, -63, -69, -74, -79, -84, -89, -94, 94+ kg.

Female 19-40y. (FKL)  
-50, -55, -60, -65, -70, 70+ kg.

## **Kick-Light (beginners)**

Young cadets 3 – 11-12y. (Boys and girls) (MYC3KL)

-28,-32,-37,-42,-47, 47+ kg

Older cadets – boys 13-15y. (MOCKL)

-42,-47,-52,-57,-60,-63,-69, 69+ kg.

Older cadets – girls 13-15y. (FOCKL)

-42, -46, -50, -55, -60, -65, 65+ kg.

Juniors – boys 16-18y. (MJKL)

-57, -60, -63, -69, -74, -79, -84, -89, -94, 94+ kg.

Juniors – girls 16-18y. (FJKL)

-50, -55, -60, -65, -70, 70+ kg.

Men 19-40y. (MKL)

-57, -60, -63, -69, -74, -79, -84, -89, -94, 94+ kg.

Female 19-40y. (FKL)

-50, -55, -60, -65, -70, 70+ kg.

**NB! Athletes with less than 1 year of kickboxing training, no more than 5 local/open tournaments, and no participation in regular categories.**

## **RULES**

The competitions will be held according to WAKO rule (see [www.wakoweb.com](http://www.wakoweb.com) and [www.wakoest.ee](http://www.wakoest.ee)).

Chief referee: Dmitri Lahtikov

EKBF Secretary: Andrei Majakov, +372 5665 6886

- MYC1KL; MYC2KL; MYC3KL: 2 rounds x 90 sec (1 minute rest between rounds)
- MOCKL; FOCKL: 2 rounds x 120 sec (1 minute rest between rounds)
- MJKL; FJKL: 2 rounds x 120 sec (1 minute rest between rounds)
- MKL; FKL: 2 rounds x 120 sec (1 minute rest between rounds)

Procedure for lodging a protest:

<https://wako.sport/wp-content/uploads/2022/01/WAKO-Rules-12.11.2020.pdf>

## AWARD CEREMONY

First, second, and third place will be awarded medals and diplomas. The title of champion and first place is not awarded without competition matches (participants must compete in any case).

## MEDICAL SERVICE

- During the competition, competitors are serviced by a specialist in the field of medicine.
- A member of the Estonian Kickboxing Federation must present to the registration committee a WAKO pass containing a valid doctor's decision stating that the competitor MAY participate in Kickboxing competitions.
- Every participant who is not a member of the Estonian Kickboxing Federation must provide a valid medical certificate stating the doctor's approval that the participant MAY compete in kickboxing competitions.

## PROCEDURE FOR PREVENTION OF MANIPULATION IN KICKBOXING COMPETITIONS

All athletes and representatives of sports clubs are requested to familiarize themselves with the Procedure for Prevention of Manipulation in Kickboxing Competitions:

[https://8911e5a1-439b-487c-9c27-a700a1f89f90.filesusr.com/ugd/88411d\\_f251783cd9a54510be332a14fd45affc.pdf](https://8911e5a1-439b-487c-9c27-a700a1f89f90.filesusr.com/ugd/88411d_f251783cd9a54510be332a14fd45affc.pdf)

## NOTIFICATION OF PARTICIPATION IN COMPETITIONS

Registration will be possible ONLY via online WAKO system RsportZ

<https://wako.rsportz.com/> Registrations deadline is **04.05**. For registration assistance please contact wakoest@gmail.com or National Federation. All Competition related information will be updated live on Sportdata platform <https://www.sportdata.org/>

## ENTRY FEE:

- 35€ per competitor (for members of the WAKO Kickboxing Federation)
- 45€ per competitor (for non-members of the WAKO Kickboxing Federation)
- **20€ for each subsequent entry.**

## ATTIRE Kick-Light:

PROTECTIVE GEAR: headgear, boxing gloves (10 oz), shin guards, groin guard, mouthguard according to WAKO rules, must be brought by the competitors themselves.

**NB! T-shirts with sleeves are not allowed!**

